



DERWENT SAILING SQUADRON

SailTrain

RYA Day Skipper Course



A course for aspiring skippers with some yachting experience and basic navigation and sailing skills. Learn to skipper a short passage with the instructor on hand to give advice and encouragement and ensure your safety. Experience being in charge, taking credit when it all goes well and being responsible when it doesn't. If it's help with navigation that you need, you should take our Inshore and Coastal Navigation course.

Basic practical skippering techniques for anyone purchasing a vessel or has had some experience. Assumed knowledge Navigation to Day Skipper level & basic sailing ability. Each student is given opportunity to helm, navigate, practice boat handling, and passage planning, radio, meteorology and COLREG. RYA /YA Day Skipper Practical requires 3 weekends or 5 days on the water.

Syllabus

This course syllabus covers

- Knowledge of sea terms and parts of a boat, for rigging and sails
- Sail handling, rope work, helmanship and sailing
- Personal safety equipment
- Emergency, equipment, man overboard, fire precautions and fighting
- Manners and customs
- Rules of the road, meteorology, seasickness & general duties

What do I bring?

- Lunch and drinks
- Inflatable yoke & harness (if don't have own can be provided)
- Warm clothing and spray jacket
- Non marking shoes, sailing gloves, cap, beanie & sun block