



DERWENT SAILING SQUADRON

SailTrain

RYA Competent Crew Practical



This course is for beginners and those who would like to become active crew members rather than just passengers. Experience really getting to know the boat with virtually all the course being hands on. You are the crew - without you the sails won't go up and the boat won't be steered.

By the end of the course you should be able to steer, handle sails, keep a lookout, row a dinghy and assist in all the day to day duties on board. You should also have visited some interesting places and had an enjoyable time on the water.

Previous experience

This course assumes that you have no prior knowledge of sailing.

Syllabus

Knowledge of sea terms and parts of a boat, her rigging and sails, sail handling, ropework, fire precautions and fighting, personal safety equipment, man overboard, emergency equipment, meteorology, seasickness, helmsmanship, general duties, manners and customs, rules of the road and dinghies.

Course Duration

To gain the RYA Competent Crew certificate requires attending 5 x 6hr day courses, one of which could be the RYA Start Yachting Practical course.

What to bring

Day course - Warm clothing, spray jacket, non marking shoes, sailing gloves, cap, beanie & sun block, lunch and a drink. An inflatable PFD yoke & harness is provided.